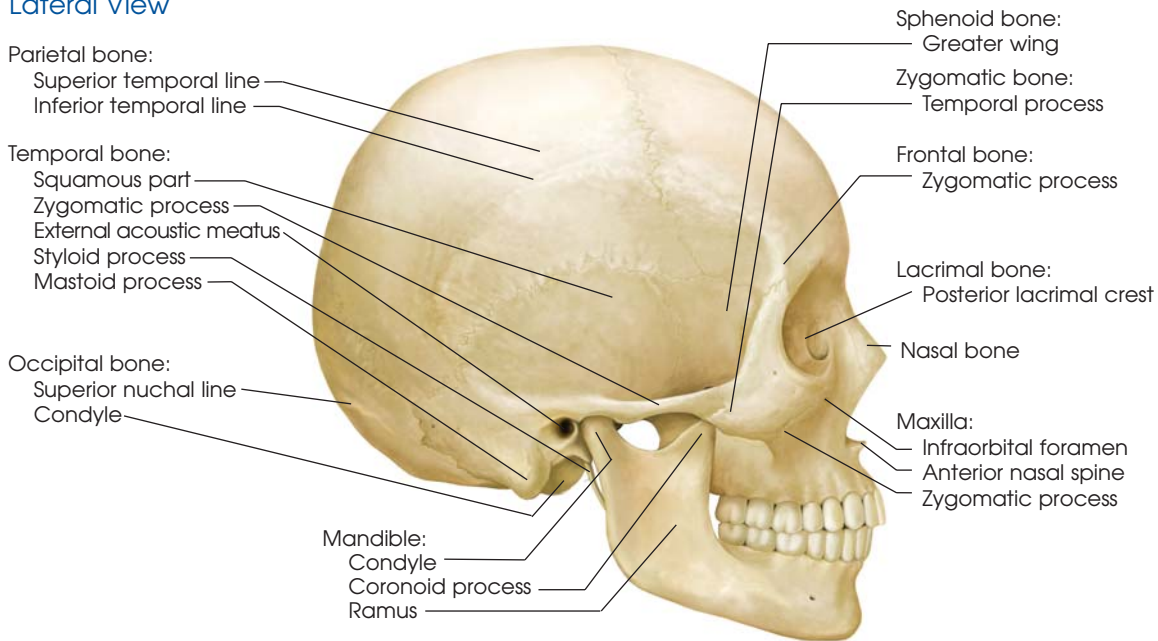
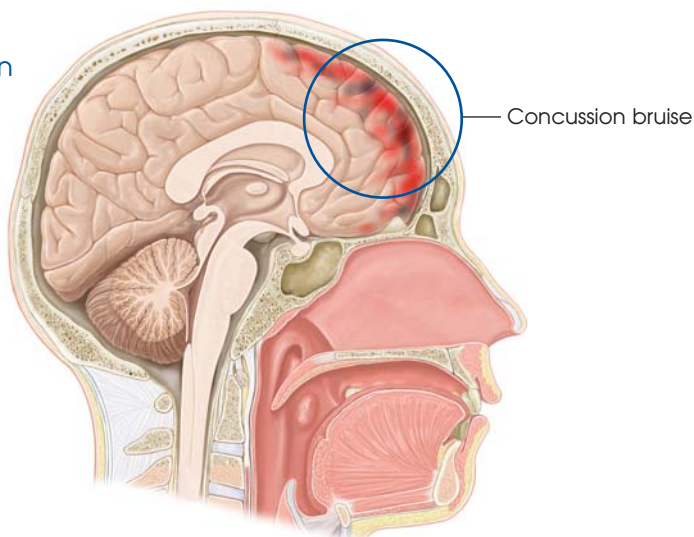


# Concussion

## Normal Skull Anatomy: Lateral View



## Basic Concussion



**Concussion** is a brain injury caused by a blow to the head that can occur during events such as a traffic accident or contact sport. A concussion can cause confusion, memory loss, disorientation, nausea, dizziness, headache and loss of consciousness. Some symptoms may not become evident until much later after the concussion occurred.

## Common Treatment Options

- Rest.
- Always seek medical attention for new or worsening symptoms.
- Do not return to the sport or activity until symptom free for 7-10 days.
- Have a friend or relative watch you for 8-12 hours after receiving the concussion. Report any unusual symptoms to the physician.
- If a neuro-psychological exam was performed before the injury, the test may be repeated to check for changes.
- If there is a history of multiple concussions, return to play may be delayed or participation in certain sports may be limited or eliminated.

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Contact information

