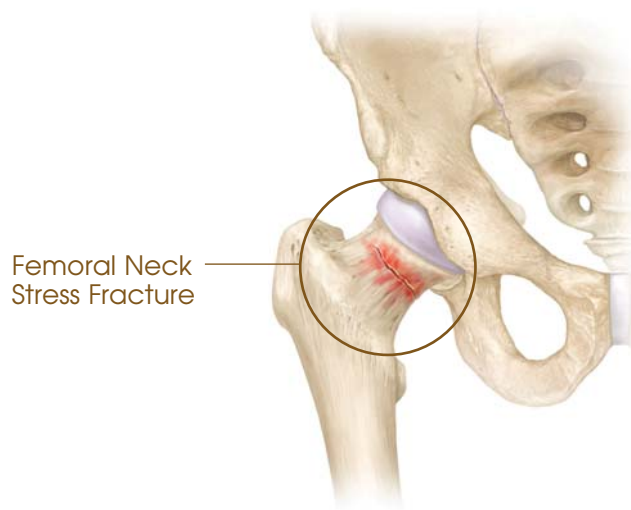
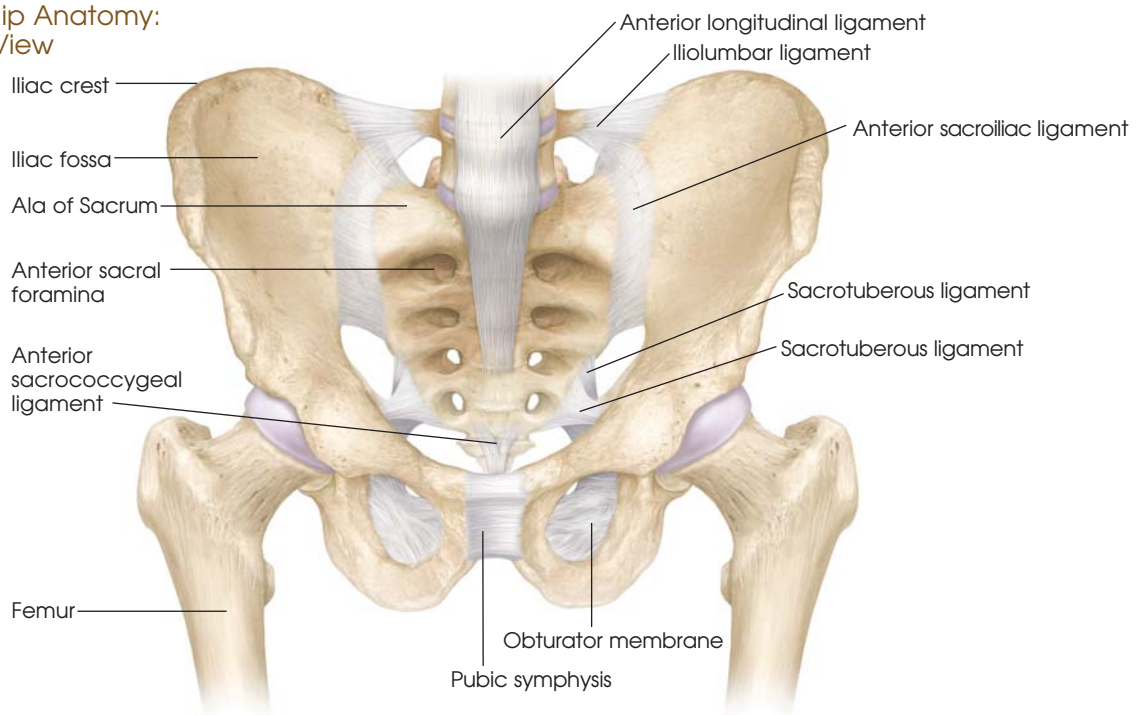


Femoral Neck Stress Fracture

Normal Hip Anatomy: Anterior View



Femoral Neck Stress Fracture occurs in the short section of bone that connects the head of the femur (large bone in the thigh) to the main shaft of the bone, or the femoral neck. Repeated or extreme stress can create hairline cracks in the bone. This injury occurs in distance runners and new military personnel who run or march daily, and is more common in females. Symptoms include pain in the front of the hip while moving and swelling near the hip joint.

Common Treatment Options

- Rest.
- Keeping weight off the injury is important; crutches may be used during recovery.
- Avoid taking anti-inflammatory medicine and smoking as they delay bone healing.
- Imaging tests will be taken to assess bone healing.
- If the fracture is severe and unstable, surgery will be required.

